

# Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.10	CHINESE CHICKEN & BLACK BEAN NOODLES	BEEF LASAGNE WITH GARLIC BREAD SLICE & PEAS	SWEET & SOUR CHICKEN BALLS WITH RICE	CHICKEN TIKKA MASALA WITH RICE & NAAN BREAD	BATTERED FISH & CHIPS WITH TOMATO SAUCE
<b>PLANT BASED / VEGETARIAN</b> £2.10	CHINESE QUORN PIECES & BLACK BEAN NOODLES	VEGETABLE LASAGNE WITH GARLIC BREAD SLICE & PEAS	SWEET & SOUR QUORN FILLET WITH RICE	VEGETABLE MASALA WITH RICE & NAAN BREAD	VEGETABLE NUGGETS & CHIPS WITH TOMATO SAUCE
<b>PASTA POTS</b> £1.70	TOMATO & BASIL PASTA	MEATBALLS WITH TOMATO SAUCE	TOMATO & BASIL PASTA	MACARONI CHEESE	TOMATO & BASIL PASTA
<b>GRAB 'N' GO SNACKS</b> £1.70	SELECTION OF PIZZA SLICES	MEXICAN CHICKEN WRAP	JUMBO HOT DOG	CAJUN CHICKEN WRAP	CHICKEN GOUGONS & CHIPS £2.10
	AVAILABLE DAILY – FROM £1.50 A SELECTION OF FRESHLY MADE SANDWICHES FILLED BAGUETTES AND SALADS				
<b>JACKETS</b> £1.70	AVAILABLE DAILY TOPPED WITH GRATED CHEESE & BAKED BEANS				
<b>THE CAKE SHOP</b> 85P	A SELECTION OF HOMEMADE CAKES SHORTBREAD CHOCOLATE MUFFINS LEMON DRIZZLE CAKE FLAPJACK CHOCOLATE BROWNIE CHOCOCOLATE CHIP COOKIES				
<b>HYDRATION</b>	WATER & A SELECTION OF COLD DRINKS & FRUIT JUICES AVAILABLE DAILY				

## Meal Deal

Main Meal  
With Vegetables  
And Dessert



## £2.70

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day